

Stars to Stories – September

Horoscopes

written by Laura Paul | September 1, 2019



Hi everyone, and welcome to back to Stars to Stories. I'm glad to have you here.

After the high fire of summer, we're coming up on something earthier, and drier as we approach the season's end.

Whatever events occurred around the eclipses in July now have the time to be integrated and more smoothly understood. Even if the last few months contained issues that are not pleasant in nature, facing them head-on would do us all well. The curious thing about natural systems though, is that sometimes poisons can work as antidotes and the things we avoid are sometimes the things we need the most.

A knife is only dangerous when wielded without thought—under the surgeon's steady hand, it can be what saves a life, under the cook's care, it can be what helps feed. Alcohol is a common toxic substance, literally causing intoxication, yet centuries of human history have shown us that many bodies can manage it when consumed in moderate amounts. Festivals, parties, and countless rituals of pleasure and relaxation have been dedicated to this sometimes deadly drink.

Fermentation is the breakdown of a substance, mutating and pulling at its previous form until it reimagines its molecular structure. Cultured foods and beverages can provide the life-sustaining gifts of preservation through the winter months, although drinking too much ethanol, or eating a mismanaged bacteria can also kill you. It's up to our precision, our wisdom, and our discretion to know when to say no, to know when a capricious consumable can be used either for medicine or poison.

Healing through past harm, and through what can be harmful is only for the skillful though, and this month will ask us all to level up when it comes to minding all of those details thoroughly. Nuance is key in the coming weeks, and the exacting will be those who thrive the fullest.

This kind of healing, through the sometimes volatile minutiae, requires

caution and preparation, however, as well as loving support. Do what you can to comfort yourself and others when the tricky issues come up. Life is never going to be completely safe, but that doesn't mean we shouldn't do what we can to minimize harm. Burn off the dredges to keep the light bright as the days grow shorter, but remember—we don't need to build our bonfires with toxic waste when a well-thanked log will do.

Get down to the earth and hear what it has to say. Mind the smallest plants and animals and take in what feels like medicine, what feeds and heals. We'll reach that midpoint of the autumn equinox together on the 23rd, the perfect time to say when enough is enough and remind us all of the steady hand of equilibrium the planet offers to us freely.

September's resuscitation of equal day and night will once remind us that too much of an unpaced and ungrounded good thing isn't really good. If there's a heavy curse wrapped in with your swift blessing, should you still call it grace?

Much love is coming from me to you this September. May you feel guided by what's beyond and enjoy a celebratory harvest time drink, of whichever substance you prefer, as it may do you well.

xo Laura

Scroll down for horoscopes by sign and read for your ascendant or rising sign if possible.

(If you're curious to find your rising sign, go to astro-seek.com. After you enter your birth information look to the left of the circle to the line that says ASC. If you're intrigued, confused, or both intrigued and confused you can email me at starstostories@gmail.com for a consultation.)

Aries

This month will be asking you to look carefully at the work you've been doing and how you've minded your health, physical fitness, and mundane routines. The beneficial habits you put in place now have the potential to create well-worn grooves of prosperity in the future. Your efforts now may be more focused on preparing for what comes next, rather than any quickly won competitions you might naturally enjoy in the moment. By the equinox on the 23rd, there could be increased attention on those who you partner with, prefer, and enjoy.

Taurus

Even if you're feeling bogged down with an abundance of details this month,

it seems that tending to necessary planning will enable you to have more time for fun and friends. There will be ease in the connections you make between what you do for pleasure and how that relates to what brings your life meaning, or your studies. If you're feeling forced to be more quick-minded this month than usual, you may start to return back to a more normal pace once your sign's ruler, Venus, moves into Libra on the 14th.

Gemini

The beginning of the month might be smooth, but slow for your naturally quick mind, but the pace will pick back up once your sign's ruling planet, Mercury, enters Libra on the 14th. It seems that good news should be headed your way the third week of the month, even if it surprisingly also stirs up old fears or nervousness about those whose authority you must mind or the seriousness of merging with another. It seems that speaking to a partner could bring some buoyancy though. Talk to those you trust.

Cancer

The first two weeks of the month contain a flurry of communication for you, especially involving a partner in romance or business. On the 13th, with the full moon in Pisces, you may make headway with this other person, although it could be caused by a change in your beliefs or an issue from your studies. After the 18th, when Saturn turns direct, progress seems to have been made, and relationship conversations will start to move in a forward direction. However, by the new moon in Libra, your focus might get pulled towards your family or home instead.

Leo

After the heat of August, September could feel a bit too slow and mundane until the sun's move into Libra at the equinox on the 23rd. It seems that in the first few weeks of the month, your focus is drawn to your finances and possessions. At the beginning of autumn, you'll feel some sunny support harmonizing your communication and work, or benefit from a sibling or neighbor. Enjoy the lucky support you'll have from Jupiter from now until December 2nd if your ascendant is 15-29 degrees Leo or if your birthday is from August 7th-23rd.

Virgo

This month will be a busy, crowded time for you when events are simultaneously grounding your creativity and what you enjoy, as well as requiring effort when it comes to matters with your home or family. By

October, however, it may be reversed, where you may have smoothed out your ancestral issues or living situation, but may then need to pull focus back to structuring involvement with children or an artistic project. If you're feeling overwhelmed, things will start to fall more into place as long as you take any overarching plans day by day.

Libra

Surprise! After the hard, detailed toil at the beginning of the month, good news and attention should be headed your way around the 14th when your sign's ruling planet, Venus, enters Libra. After everything you've been shedding this year, you'll need recuperation time in the first two weeks of September, before feeling much more like yourself in the second half of the month. An unprecedented new beginning may be around the corner for you, and it seems to be something that you're sure to find some delight in.

Scorpio

Conversations with friends will come easy at the start of September, although it seems there could be a one-on-one talk involving information you weren't expecting as the month opens and reverberating through the weeks that follow. The news is flying every which way these days, with some things grounding you more easily in your social circles, while at the same time possibly trying your wallet. Closer to October it seems you might need to take a break from all of the active mingling you've been doing, especially when your sign's ruler, Mars, moves into Libra.

Sagittarius

From now until December 2nd your sign's ruling planet, Jupiter, is moving forward in your home sign. Take advantage of the ease, healing, and luck that comes with this once in every twelve-year event. While this month might challenge you to ground and cause friction through getting the details right, the risks you take will respond well to responsible preparation. Set up the big pitches now so you can swing throughout the rest of autumn. The nitty-gritty will help to support your grand plans.

Capricorn

In the next few weeks, enjoy the increase in earth energy, harmonious with your home sign. While you might usually be more focused on the larger structures of your life, if you take the time to switch up your beliefs about the small, and seemingly insignificant aspects of your days, it could be of help. If you're kept busy with school work now, the last half of the month

might involve conversations on how to recenter career efforts and finances in the ways best suited to you. When the work gets put in, greater ease and luck will come in too.

Aquarius

If you're feeling on edge or anxious at the start of the month, the end of September should bring greater harmony to whatever it is that's worrying you. There may be a blast of luck that comes your way after the 13th involving not only what it is you believe, but also your home and what you do for fun. When the ruler of your home sign, Saturn, goes direct on the 18th, efforts will start to move forward again. You might finally start to feel progress to the point that you find the closure you need around a school or spiritual matter.

Pisces

In the first two weeks of the month, most of your attention and efforts will be drawn to a relationship issue. If you're feeling overwhelmed by all of your focus being pulled onto another person, it seems that a friend or group of acquaintances you're associated with could provide some relief. In the last week of September, you'll get some extra help from your sign's ruling planet, Jupiter, which will be strong and moving forward, from now until December 2nd. Take advantage of any career-related luck or support that comes with this once in every twelve-year event.

Note: these horoscopes are intended as words of stimulation and suggestion, not as cardinal rule or unbiased fact. By engaging with this page, you agree that all choices made based on the information provided in this column are your responsibility alone. Take a breath and be well!
