

Stars to Stories – April 2020

Horoscopes

written by Laura Paul | April 1, 2020



Welcome back to this month's Stars to Stories—I'm glad to have you here with me.

In the process of months, the whole world has been turned upside down, and as far as we know, it started with a bat.

Interesting how it is that bats sleep with their heads pointed towards the earth, hanging by the feet. In this new reality we're all adjusting to, you may feel at times like you're standing on your head, seeing events reverse, or as if the hourglass has been reset as we continue to process this altered sense of time.

Bats communicate with their environment through echolocation, by emitting signals to sense their surroundings. Similarly, you're reading these words through electromagnetic waves—I'm not with you there in person, I'm not even speaking—and yet, a bond of understanding has been achieved. Whereas in the past, we may have opted for digital alternatives, now in isolation, it feels as if it is our primary mode.

This is our global lesson in many things, but especially in the interconnectedness of all ecosystems. If we respect the habitation of all living things, we all benefit. If we don't there are unprecedented destructive consequences to face. It may seem hard to digest, but if anything, it may be that the earth is trying to save us, not the other way around. Likewise, bats are not out to destroy us if we don't constantly attack them and their homes first.

Astrologically speaking, these times correspond with the Mars Saturn squares and conjunction and will lead up to the once in every 20 years Jupiter Saturn conjunction in December. Yes, there is going to be strife in 2020. Yes, we will make it through.

As a side note—bats correspond with the planet Mars and pangolins, which most likely served as the intermediate hosts of COVID-19 from bat to human, the planet Saturn. My divinatory guess is that the virus transmission probably

occurred around late October 2019, but that might be better reserved for a different time and a different sort of debate.

In a way, we are all being forced to become bats during this time. Honor them, cosplay as them, and take their lives and lessons seriously. In the coming weeks of quarantine, write your poems to bats, draw pictures of pangolins, talk to the earth, but more importantly, listen. She loves you more than you know. You can pay attention to the astrology of the coming month if you want, but also mind the planet you're sitting on right now.

You don't need astrology to tell you to tread carefully and look after your neighbors. Also—if you and or any loved ones are suffering economic hardship right now, please keep in mind that the economy is a construct that we can change. There will be some considerable shifts in value in the coming years so try as you can to not take it too personally. I know that is much easier to say than to practice, but let's all readapt our systems of worth when and how we can.

Stay safe and uplifted. Lots of love from me to you during this thick and radical time.

xo Laura

Scroll down for horoscopes by sign and read for your ascendant or rising sign if possible.

(If you're curious to find your rising sign, go to astro-seek.com. After you enter your birth information look to the left of the circle to the line that says ASC. If you're intrigued, confused, or both intrigued and confused you can email me at starstostories@gmail.com for a consultation.)

Aries

In April, your primary conflict might be in how you rearrange your daily life and what that means in terms of how you've conceived of community in the past. Focus on the ways you can stay connected to groups that make you feel safe through technology. If you are struggling with a lack of daily circulation through your neighborhood, concentrate your efforts on the ways you can check in on local businesses, neighbors, and siblings, even if it isn't done in person.

Taurus

If your primary focus is on work and money issues, it can be helpful to focus on what is within your control. Even if you're facing a crisis with your regular work routine, there are ways to get creative with finances and how you conceive of individual vs. collective goals. During moments of overwhelm,

make sure to reach out to others with skills that can help you—whether it's budgeting help, shared resources, or simply career guidance. If you have the means, then donate, and if you feel a sharp sense of lack, there are those willing to offer support if you look closely.

Gemini

In April, your focus might be on how to make meaning from all of this, and heavy meditation on how that changes your identity and your place in the whole. While some might be distracting themselves with activity, you could benefit from contemplation, study, and mediation in the coming weeks. If you feel preoccupied with the global crisis, make sure you temper your information load and balance out the more tragic aspects with what is working during this time. You don't have to hold anything together, and your faith may thank you for it in the end.

Cancer

If you are feeling riddled by fear, anxiety, and the heavy toll of isolation, please take care dear Cancer! Especially while indoors, it can be easy to sink into your thoughts of doom and mistake your emotional reactions for total truth. While the negative reactions are valid as you process through the coming news, hope and acceptance are as well. Being overprotective can have a cost on you, so it is also worth nurturing yourself instead of purely being a buoy for others.

Leo

If you are struggling with altered social circles and less attention than you're used to getting from others, find ways to indulge your performative side even in isolation. You are your own audience too, don't you know? And you're allowed the whole gamut of expression. Stage wakes or zoom parties and dress up for the part. If you're feeling a plentiful reserve, try channeling your assertiveness towards a common goal with others that you can virtually connect to. If you're depleted, then make sure to cut yourself as much slack as possible. You don't always have to be enthusiastic or intrepid.

Virgo

What could help you the most in April is to try to find a sense of normalcy despite altered obligations and habits. As much as you're able to, sticking to a routine schedule will help, even if it's as simple as doing simple stretches every morning or deciding on a regular (and earlier) bedtime. If you're feeling unbearably weighed down, schedule time for play, for social

media breaks, and set aside specific time for cuddling with pets. The more you're able to know what's in your control, and what you're able to rely on throughout your days, the more good it will do.

Libra

This month's focus might have you rethinking the ways you engage with children or your creativity, and what that means in terms of your worldview or higher education. Are you having second thoughts about your philosophies on schooling? Or how art and pleasure can take place on a small, domestic level? Even if you're having to provide guidance or instruction to others on inspired and imaginative practices, there's a place for that amidst crisis. Creating some beauty through the everyday can do wonders for the spirit.

Scorpio

April might challenge your fear tolerance and the ways in which you feel you lack control. Those are hard things to deal with! If you are preoccupied with worries over a housing situation or your parents try to focus as much as you can on day by day, moment by moment realities and not get too wrapped up in hypotheticals. I know this may sound like an insurmountable feat right now. If you can enlist the help of a trustworthy friend, sibling, or partner, make sure to reach out. You don't have to carry the burden of trepidation alone.

Sagittarius

As much as you can, focus on what partnerships are working at this time and the ways in which your neighbors and local community can help fuel what makes you feel less alone. If finances feel especially dark or complicated right now, mitigate as much unpredictability as you can by facing responsibilities head-on. If it feels insurmountable, make sure to find those you can confide in and trust. Even if you are facing situations you don't feel expertise in—you're adaptable! Look to what resources you do have and broaden the definition. At times, knowledge and helpful associates can be as valuable as physical possessions or money.

Capricorn

You may be feeling an intense urgency to bring in income this month, and trying to find as much harmony as possible with how that can relate to a newly altered daily routine. If your spending is also feeling out of control due to the unusual circumstances, find the ways in which you can bring some regularity to how much is coming in or going out. These are strange times, so give yourself some leeway. We want to make sure you can find some comfort

this month wherever you can, but don't expend all your resources at once.

Aquarius

In April, you might feel stronger drive than in the months before, especially as it relates to creative practices or your involvement with children. Embrace the energy when and how you can, but also make sure to temper how much you expend. It's good to keep a reserve! As much as you can channel into your artistic or playful side will be good medicine in the coming weeks, especially if your home starts to feel cramped or unstable. Learn from the great inspirations from the past on how to stay flexible and adapt.

Pisces

You might be spending your isolation time focused on how to bring about more harmony to your living situation. As much as you can, try to carve out spaces in your home environment where you can relax, rest, and have some peace. If there's a felt sense of intensity in being alone right now, bring as much attention to your physical senses as possible, and see how to make daily life more pleasurable to you amidst the chaos. Even if it's as simple as dressing as comfortably as possible or cooking something that smells and tastes delicious can do a lot to revive you when you are weary.

Note: these horoscopes are intended as words of stimulation and suggestion, not as cardinal rule or unbiased fact. By engaging with this page, you agree that all choices made based on the information provided in this column are your responsibility alone. Take a breath and be well!
